

50 Action Verbs for Beginners

Action Verbs 1-10

1. 起床 [qǐ chuáng] get up

Wǒ měi tiān zǎo shàng liù diǎn qǐ chuáng.

我 每 天 早 上 六 点 起 床。

I get up at six o'clock every morning.

2. 上厕所 [shàng cè suǒ] go to toilet

Wǒ qǐ chuáng hòu de dì yī jiàn shì qing jiù shì qù shàng cè suǒ.

我 起 床 后 的 第 一 件 事 情 就 是 去 上 厕 所。

The first thing I do after getting up is to go to the toilet.

3. 刷牙 [shuā yá] brush teeth

Wǒ men yào yǎng chéng tiān tiān shuā yá de hǎo xí guàn.

我 们 要 养 成 天 天 刷 牙 的 好 习 惯。

We should form a good habit of tooth brushing every day.

4. 洗脸 [xǐ liǎn] wash face

Tiān lěng le, wǒ kāi shǐ yòng rè shuǐ xǐ liǎn le.

天 冷 了, 我 开 始 用 热 水 洗 脸 了。

It's getting cold, and I begin to wash my face with warm water.

5. 梳头 [shū tóu] comb one's hair

Xǐ wán liǎn hòu, wǒ jiù kāi shǐ shū tóu.

洗 完 脸 后, 我 就 开 始 梳 头。

After washing my face, I began to comb my hair.

6. 化妆 [huà zhuāng] make up

Hěn duō nǚ hái zi dōu xǐ huan huà zhuāng, ràng zì jǐ kàn qǐ lái gèng piào liang.

很多女孩子都喜欢化妆, 让自己看起来更漂亮。
A lot of girls like to make up to make themselves look more beautiful.

7. 刮胡子 [guā hú zi] shave

Wǒ lǎo gōng měi tiān zǎo shang dōu yòng tì xū dāo guā hú zi.
我老公每天早上都用剃须刀刮胡子。
My husband shaves with a razor every morning.

8. 喝水 [hē shuǐ] drink water

Hē shuǐ yǒu xǔ duō hǎo chù.
喝水有许多好处。
There are a lot of benefits of drinking water.

9. 买菜 [mǎi cài] grocery shopping

Wǒ mā ma měi tiān zǎo shang dōu huì qù chāo shì mǎi cài.
我妈妈每天早上都会去超市买菜。
My mother goes to buy groceries in the supermarket every morning.

10. 做饭 [zuò fàn] cook

Zuò fàn kě bú shì yí jiàn jiǎn dān de shì qing.
做饭可不是一件简单的事情。
Cooking is not a simple matter.

Action Verbs 11-20

11. 吃早饭 [chī zǎo fàn] have breakfast

Wǒ měi tiān zài jiā li chī zǎo fàn.
我每天在家里吃早饭。
I have breakfast at home every day.

12. 换衣服 [huàn yī fu] get dressed

Chī wán zǎo fàn, wǒ jiù kāi shǐ huàn yī fu.
吃完早饭, 我就开始换衣服。

After breakfast, I began to get dressed.

13. 出门 [chū mén] go out

Chū mén de shí hou, wǒ wàng jì le dài shǒu jī.

出 门 的 时 候, 我 忘 记 了 带 手 机。

I forgot to take my cell phone when I left home.

14. 下楼 [xià lóu] go downstairs

Jiā li tíng diàn le, wǒ xià lóu qù mǎi là zhú.

家 里 停 电 了, 我 下 楼 去 买 蜡 烛。

The power cut out and I have to go downstairs to buy candles.

15. 走路 [zǒu lù] walk

Ér zi měi tiān zǒu lù qù shàng xué.

儿 子 每 天 走 路 去 上 学。

My son walk to school every day.

16. 骑自行车 [qí zì xíng chē] ride a bike

Wǒ bā suì de shí hou xué huì le qí zì xíng chē.

我 八 岁 的 时 候 学 会 了 骑 自 行 车。

I was able to ride a bike when I was eight years old.

17. 坐公共汽车 [zuò gōng gòng qì chē] take a bus

Wǒ zuò gōng gòng qì chē qù péng you jiā wánr.

我 坐 公 共 汽 车 去 朋 友 家 玩 儿。

I go to my friend's house by bus.

18. 坐地铁 [zuò dì tiě] take the subway

Wǒ zuò dì tiě qù shū diàn.

我 坐 地 铁 去 书 店。

I go to the bookshop by taking the subway.

19. 开车 [kāi chē] drive a car

Yīn wèi chē huài le, suǒ yǐ wǒ jīn tiān méi kāi chē.

因 为 车 坏 了, 所 以 我 今 天 没 开 车。

I didn't drive my car because it's broken.

20. 上班 [shàng bān] go to work

Wǒ zài Táng rén jiē Hànyǔ gōng sī shàng bān.

我在唐人街汉语公司上班。

I work in Chinatown Chinese company.

Action Verbs 21-30

21. 上课 [shàng kè] attend class

Shàng kè de shí hou yào zhuān xīn tīng jiǎng.

上课的时候要专心听讲。

You should listen carefully in class.

22. 下班 [xià bān] get off work

Wǒ hé tóng shì yuē hǎo xià bān hòu yì qǐ chī fàn.

我和同事约好下班后一起吃饭。

I have an appointment with my colleagues to have dinner after work.

23. 下课 [xià kè] finish class

Xià kè le, xué sheng men dōu lí kāi le jiào shì.

下课了, 学生们都离开了教室。

The students left the classroom after class.

24. 工作 [gōng zuò] work

Wǒ men cóng shàng wǔ jiǔ diǎn gōng zuò dào xià wǔ wǔ diǎn.

我们从上午九点工作到下午五点。

We work from 9a.m. to 5p.m.

25. 学习 [xué xí] learn

Hěn duō wài guó rén kāi shǐ xué xí Hànyǔ le.

很多外国人开始学习汉语了。

Many foreigners begin to learn Chinese.

26. 吃午饭 [chī wǔ fàn] have lunch

Wǒ zhōng wǔ zài gōng sī fù jìn de fàn guǎn er chī wǔ fàn.

我中午在公司附近的饭馆儿吃午饭。

At noon, I have lunch in a restaurant near my company.

27. 休息 [xiū xi] have a rest

Tā xiū xi le yí huìr hòu yòu jì xù gōng zuò.

他休息了一会儿后又继续工作。

He resumed his work after a short rest.

28. 回家 [huí jiā] go home

Tā píng shí zài xué xiào zhù, zhōu liù cái huí jiā.

她平时在学校住,周六才回家。

Ordinarily she sleeps at the school and goes home only on Saturdays.

29. 吃晚饭 [chī wǎn fàn] have dinner

Wǒ měi tiān dōu hé jiā rén yì qǐ chī wǎn fàn.

我每天都和家人一起吃晚饭。

I have dinner with my family every day.

30. 洗碗 [xǐ wǎn] wash the dishes

Wǒ xǐ huan xǐ wǎn, bù xǐ huan zuò fàn.

我喜欢洗碗,不喜欢做饭。

I prefer washing dishes to cooking.

Action Verbs 31-40

31. 擦桌子 [cā zhuō zi] clean the table

Bié wàng le chī wán fàn hòu yào cā zhuō zi.

别忘了吃完饭后要擦桌子。

Don't forget to clean the table after the meal.

32. 扫地 [sǎo dì] sweep the floor

Zài jiā li, wǒ měi tiān dōu huì sǎo dì hé tuō dì.

在家里, 我每天都会扫地和拖地。

I sweep and mop the floor in my house every day.

33. 倒垃圾 [dào lā jī] throw away the rubbish

Nǐ men jiā shì shéi dào lā jī?

你们家是谁倒垃圾?

Who throws away the rubbish in your family?

34. 做运动 [zuò yùn dòng] do sports

Zuò yùn dòng kě yǐ bǎo chí shēn tǐ jiàn kāng.

做运动可以保持身体健康。

Doing sports can keep you healthy and fit.

35. 打篮球 [dǎ lán qiú] play basketball

Gē ge měi tiān xià bān hòu dōu huì qù dǎ lán qiú.

哥哥每天下班后都会去打篮球。

My elder brother goes to play basketball after work every day.

36. 踢足球 [tī zú qiú] play football

Dì dì měi ge zhōu mò dōu qù tī zú qiú.

弟弟每个周末都去踢足球。

My younger brother goes to play football every weekend.

37. 跑步 [pǎo bù] run

Wǒ měi tiān jiān chí pǎo bù bàn ge xiǎo shí.

我每天坚持跑步半个小时。

I keep running for half an hour every day.

38. 唱歌 [chàng gē] sing

Hái zi men zài jiào shì li chàng gē.

孩子们在教室里唱歌。

The children are singing in the classroom.

39. 跳舞 [tiào wǔ] dance

Tā yì biān chàng gē yì biān tiào wǔ.

她一边唱歌一边跳舞。

She sang and danced.

40. 弹琴 [tán qín] play the piano

Tā měi tiān tán qín yí ge xiǎo shí.

她每天弹琴一个小时。

She plays the piano for an hour every day.

Action Verbs 41-50

41. 看书 [kàn shū] read a book

Zhè ge nán hái r zuò zài shū zhuō qián rèn zhēn de kàn shū.

这个男孩儿坐在书桌前认真地看书。

The boy is reading a book carefully at the desk.

42. 写字 [xiě zì] write

Nà ge nǚ hái r yì biān xiě zì yì biān tīng gē.

那个女孩儿一边写字一边听歌。

That girl is writing while listening to music.

43. 做作业 [zuò zuò yè] do one's homework

Xué sheng men fàng xué hòu dōu yào zuò zuò yè.

学生们放学后都要做作业。

The students have to do their homework after school.

44. 打电话 [dǎ diàn huà] make a phone call

Tā dǎ diàn huà lái, shuō tā bù néng cān jiā huì yì.

他打电话来,说他不能参加会议。

He telephoned and said he couldn't attend the meeting.

45. 聊天 [liáo tiān] chat

Tā měi tiān wǎn shàng dōu hé nán péng you dǎ diàn huà liáo tiān.

她每天晚上都和男朋友打电话聊天。

She chatted to her boyfriend on the phone every night.

46. 上网 [shàng wǎng] surf the internet

Shàng wǎng chá zī liào shì yì zhǒng hěn biàn jié de xué xí fāng shì.

上网查资料是一种很便捷的学习方式。

It's a convenient way to learn by finding information on the Internet.

47. 看电视 [kàn diàn shì] watch TV

Hěn duō rén wǎn fàn hòu dōu xǐ huan kàn diàn shì.

很多人晚饭后都喜欢看电视。

Many people like watching TV after dinner.

48. 洗澡 [xǐ zǎo] have a shower

Wǒ bà ba xǐ huan yòng lěng shuǐ xǐ zǎo.

我爸爸喜欢用冷水洗澡。

My father likes taking cold shower.

49. 关灯 [guān dēng] turn off

Lí jiā shí yào suí shǒu guān dēng.

离家时要随手关灯。

Turn your house lights off when you leave home.

50. 睡觉 [shuì jiào] go to bed

Yǒu diǎnr wǎn le, nǐ gāi shàng chuáng shuì jiào le.

有点儿晚了,你该上床睡觉了。

It's late, and you should go to bed now.